



HIMALAYAN CHILDREN'S CHARITIES

HCC Programs

HCC serves to fight the crippling grip of extreme poverty by providing quality education and mentorship within the structure of a loving family environment. We seek to transform economic biases and orphan stigmas by creating a paradigm shift within these children's own self image and how they see themselves within their society. Within the HCC program, students are told that they matter. We nurture their self confidence and expand their vision of what is possible for each of them. Believing they can achieve is the first step to changing themselves; achieving it, is the next step in changing the old paradigm. Where the rest of the world sees an insurmountable problem, an HCC student sees a world of possibility.



Programs

Signature Program in Kathmandu:

HCC promotes prosperity and equality for the next generation of children regardless of the economic status they were born into. HCC creates opportunities for peace within the greater Nepali community by creating bridges across the caste and economic divide. HCC's model serves to solve the problem of the orphan crisis and help break the cycle of poverty crippling Nepal by using cutting-edge strategies to deliver quality support services and to shift traditional ways of thinking about what an at-risk child can achieve.

Our founding program provides for orphaned and abandoned children coming out of the state-run orphanage system and other identified at-risk children. Khushi Ghar, the youth home,

supports and provides care and mentorship programs for 42 children between middle school and last year of university degree. The youth home serves as a home-base providing experience of family and home life. We provide mentoring, life-skills and leadership training, emotional counseling, academic and career guidance, sports and other extra-curricular activities.

The **Signature Program** includes:

- Provisions of all necessities including food, clothes, and medicine
- Enrollment in top-quality, English-medium primary and secondary boarding schools
- Khushi Ghar youth home and annex apartments for high school and university students.
- House parents who provide family nurturing, consistent care and support
- Life-skills, self-awareness, communication, advanced mentorship and leadership training
- One-on-one mentoring; academic and career counseling, and exit-planning
- All school-related costs including transportation, Internet, and tutoring
- Access to psychological counseling and self-esteem coaching

Life Skills Program: The Life Skills Program prepares the HCC students for life on their own after they leave school. Computer and internet proficiency is part of the training, along with advanced English classes that provide them with enhanced professional skills. The program also teaches basic budgeting, cooking, household chores, navigating public transportation, job interviewing techniques and other skills important to life on their own.

Mentorship Program: HCC's innovative Mentorship Program aims to shift the paradigm for at-risk children from a position of an unwanted and marginalized victim, to a life of empowerment, dignity, self-esteem and self-fulfillment. Mentorship inspires self-awareness and gratitude, by encouraging each student's individual talents, skills and passions. The program teaches communication and leadership skills, emotional management, and team building within a community. Most importantly, HCC mentorship encourages a mindset of "leaders training leaders." Giving back to the community is a cornerstone of the HCC educational philosophy, allowing the child to experience the feeling of empowerment and gratification through giving back and helping others.

Higher-Learning Education Scholarships: For students wishing to continue past grade 10, scholarship applications are available for college, university or technical school education. Tuition and board is provided based on merit, motivation and academic dedication.

Earthquake Orphan Scholarship Programs (EOSP): In 2015 Nepal was hit by a devastating earthquake, damaging or destroying the many rural, and already impoverished, districts surrounding Kathmandu. In response, HCC creating the Dhading Children's Initiative (DCI) with

three other partners to provide educational scholarships, family support, and supplemental programs for 100 earthquake-orphaned children throughout the rural Dhading district of Nepal, with a goal of keeping these school children (preschool-grade 10) in local school and with their surviving families. In 2016 HCC expanded the EOSP program to include college level education for DCI students, and a Rural Education Empowerment Program (REEP) scholarship to help orphaned and severely disadvantaged children in other earthquake affected rural districts, including Nuwakot, Rasuwa, Sindhupalchowk, and Dolakha.

Library Project: Libraries For promoting Education in Nepal (LiFE) is an HCC youth-led initiative, having collected 2,000 books and funds for two new school libraries in the rural districts of Gorkha and Sindhupalchowk. The US Embassy in Nepal, as well as the Maya Gold Foundation, and HCC International Youth Council, have contributed books to this project. The next phase is under development and will include early childhood literacy programs provided to children in the village by HCC senior and graduated students.

Anti-Trafficking Campaign: HCC has distributed educational material to raise awareness to curb the alarming rate of child trafficking. We are currently printing 10,000 educational comic books to distribute to children, families and schools throughout the vulnerable central hill regions of Nepal.

Wifi Program: HCC's Internet initiative is working to bring Internet services and computer literacy teacher training to remote, underdeveloped communities of rural Nepal. Currently, the project serves 6 schools in the Dhading and Makwanpur districts for 2,200 students and teachers. A game changer for schools with limited resources and trained teachers, this project provides access to immeasurable resources for lesson planning, teacher training, and research materials for students and teachers. In collaboration with educators, HCC is providing teachers' training in Internet navigation, content access for classroom lessons as well as teaching techniques and resources for basic computer practicum courses for students. The project plans to introduce and test the effectiveness of pre-recorded, e-learning classes within the rural classrooms, and the possibility of distance learning.

Himalayan Children's Charities is a US-registered 501c3 (65-0995336) since September, 2000.

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